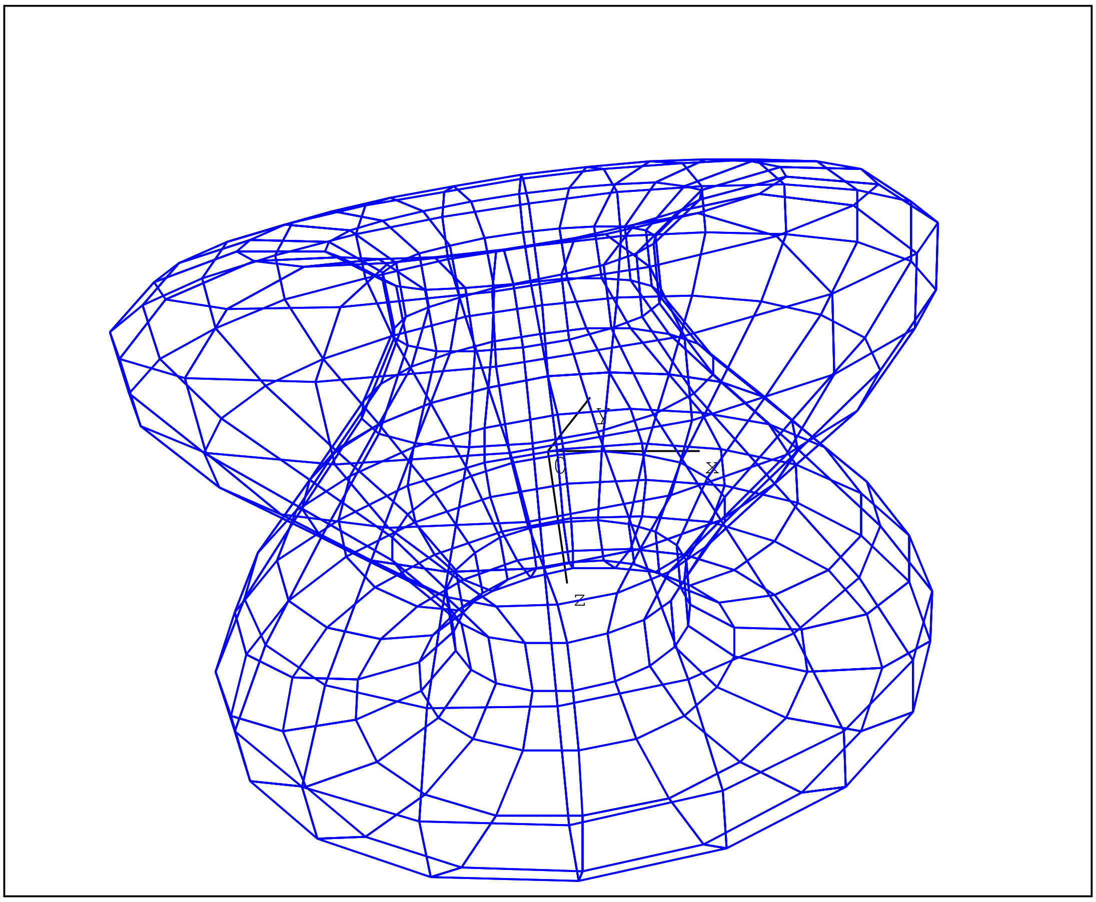
$$\text{Система}(u\,;\,v) := \begin{pmatrix} \sin(u)\cdot(2+\sin(2\cdot v)) \\ \cos(u)\cdot(2+\sin(2\cdot v)) \\ 2\cdot\cos(v) \end{pmatrix}$$

$$M1 := \text{CreateMesh}(\text{Система}(u\,;\,v)\,;\,0\,;\,2\cdot\pi\,;\,0\,;\,2\cdot\pi\,;\,20\,;\,20)$$



M1